

Low-Fat Yogurt Granola 21

assorted fresh berries, coulis fraise

Sliced Fruit & Berries 20

melons, pineapple, grapefruit, berries, candied ginger yogurt Fresh Assorted Berries 20

strawberries, blueberries, blackberries, raspberries, cottage cheese

Pink Grapefruit Segments 14

strawberry, honey

Egg White Omelet 23

green asparagus, sun-dried tomatoes, wild mushrooms, tomato coulis, wheat toast

TRADITIONNALS

choice of fresh juice, french press coffee, hot chocolate, tea

The Continental 26

The American 31

basket of freshly baked assorted french viennoiseries ,sliced fruit

two fresh eggs your way, sausage/bacon potatoes

ORGANIC EGGS

egg dishes served with sautéed baby marbled potatoes, parsley, onions.

Chef's Signature Scrambled Eggs 21 grilled pita bread, avocado, onion, red pepper, asparagus, cheddar cheese

The New Yorker 25 two fresh eggs "your way", 5 oz. grilled sirloin steak (GF)

Eggs Benedict 22 canadian bacon, english muffin, hollandaise sauce

Eggs Royale 22 smoked salmon, english muffin, hollandaise sauce

Gaby Omelet 22 goat cheese, spinach (GF)

Parisian Omelet 22 white ham, gruyere, mushroom

JUICES

Fresh Juice 6

orange, grapefruit, tomato, pineapple, carrot, cranberry

Freshly Squeezed Juice 10

Detox Pomegranate 6

Fruit Smoothie of the Day 9

HOT BEVERAGES

French-Press Coffee 7

Espresso 7

Double Espresso 9

Cappuccino/Latte 8

Hot Chocolate 6

Hot Tea 6

English Breakfast Chamomile Green Tea Peppermint Darjeeling Decaf Ceylon

Earl Grey

SWEET AND SAVORY

Mini NY Bagel & Smoked Salmon 19 sour cream, cream cheese, capers, onion, tomato, lemon

French Toast 17 brioche crusted glazed corn flakes, caramel sauce

Savory French Toast 17 ham, provolone cheese

Belgian Waffle 17 peach compote, caramel

Pancakes (Plain or Blueberry) 17 Nutella/ 100% Maple Syrup

Cereal or Oatmeal Plate 13 Banana +4 Berries +6

SIDES

Baguette, Whole-Grain Bread, Muffin of the Day 4

Two Mini Bagels with Cream Cheese 8

Low-Fat Plain or Greek Yogurt 8

Smoked Salmon 11

Turkey or Pork Sausage 6

Smoked Pepper Bacon or Turkey bacon 6

Slice of Brie Cheese and Parisian Ham 7

Bakers Basket 15